

SOCIAL PRESCRIBER

During these difficult times with the economic crisis and the recovery from the pandemic, we recognise there will be a larger cohort of people requiring support they may not have needed before. Oak Vale have access to a social prescriber who may be able to provide/find support for you. Here are some examples of what they can help with:

- Bereavement
- Loneliness
- Financial/housing issues
- Food banks
- Mental health

If you are struggling to cope, please do not sit in silence, contact reception and we can refer you to our social prescriber. The social prescriber can spend an hour talking things through with you on the phone/face to face and find you the support you need.

