Oak Vale Medical Centre

Getting Started Guide

Before we are able to register you at our practice we need you to do just a few simple things, hopefully we can help you by explaining what you need to do!

- 1. Please complete GMS1 form (purple and white) we need your name, date of birth, town and country of birth, previous GP details, previous address (if applicable). We also need your signature and date at the bottom of the form.
- 2. Please complete the Lifestyle Questionnaire, although we ask for a lot of information it is purely to help the GP's and Nurses know about you and your medical history prior to any appointments as it can take a while for your medical records to be sent to us from your previous practice. We also ask for your height, weight, alcohol & smoking status.
- 3. If you wish to have access to Patient Online Services to booking appointments, order your medication and view your medical records, please see the Further Information section for more details.
- 4. Please read and complete the patient consent for email and text message communication form, the data sharing options form and the important information form.

If you have any questions please ask, we are here to help!

Finally, Welcome to our practice!