

# Care at the Chemist

## Formulary

Indication	Treatment	Notes
Acute bacterial conjunctivitis	Chloramphenicol 0.5% eye drops (10ml)	For ages 2 years and over.
	Chloramphenicol 1% eye oint. (4g)	For ages 2 years and over.
Allergy	Loratadine 10mg tablets (30)	For ages 12 years and over.
	Sodium cromoglycate 2% eye drops (10ml)	For adults and children 2 years and over.
	Beclometasone 50mcg/metered dose nasal spray (100 dose)	For ages 18 years and over.
	Loratadine 5mg/5ml syrup (100ml)	For ages 2 years and over.
	Chlorphenamine tabs 4 mg (28)	For ages 12 years and over.
	Chlorphenamine syrup 2mg/5ml (150ml)	For ages 2 year and over.
	Hydrocortisone cream 1% (15g)	For ages 10 years and over.
		Season-long treatment of hay fever is not covered by the CATC scheme.
Athletes foot	Clotrimazole 1% cream ( 20g)	For ages 1 year and above
Cough	Simple linctus paediatric sugar free (200ml)	For ages 1 to 12 years.
	Simple linctus sugar free (200ml)	For ages 12 years and over.
	Pholcodine linctus sugar free (200ml)	For ages 12 years and over.
Cold sores	Aciclovir 5% cream (2g)	For ages 1 year and over. Should not be recommended if the blisters are already present.

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Constipation	Ispaghula husk 3.5g sachets (10)	For ages 12 years and over.
	Lactulose liquid (500ml)	For ages 1 to 12 years
	Senna 7.5mg tablets (20)	For ages 12 years and over.
Contact Dermatitis	Hydrocortisone 1% cream (15g)	For ages 10 years and over.
Cystitis	Potassium Citrate mixture (200ml)	For females aged 16 -70 years.
Diarrhoea	Dioralyte relief (6 sachets)	For ages 1 year and over
	Loperamide 2mg caps (6)	For ages 12 years and over.
Ear Wax	Olive Oil (10ml)	For ages 12 years and over
Haemorrhoids	Anusol oint (23g)	For ages 12 years and over.
	Anusol suppositories (12)	For ages 12 years and over.
Headache , pain and temperature	Paracetamol 500mg tablets (32)	For ages 12 years and over.
	Paracetamol 120mg/5ml susp. sugar free 100ml	For use in line with OTC product licence
	Paracetamol 250mg/5ml susp. sugar free 100ml	For use in line with OTC product licence
	Ibuprofen 200mg tablets (24)	For ages 12 years and over.
	Ibuprofen 100mg/5ml susp. sugar free 100ml	For use in line with OTC product licence
		Give special consideration to the signs and symptoms of meningitis.
Head lice	Malathion 0.5% aqueous liquid- Derbac M (2 x 50ml)	For ages 1 year and over.
	Dimeticone 4% lotion- Hedrin (2 x 50ml)	For ages 1 year and over.

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		Supply two applications.
Indigestion and heartburn	Acidex advance (250ml)	For ages 12 years and over.
	Gaviscon advance (150ml)	For ages 12 years and over.
	Ranitidine 75mg (12)	For ages 16 years and over.
	Mucogel suspension (500ml)	For ages 12 years and over.
Infant Colic	Simeticone 40mg/ml Oral Suspension SF (50ml)	For use from birth onwards  The most useful intervention is advice and support for parents, and reassurance that infantile colic will resolve. Only consider trying medical treatment if parents feel unable to cope despite advice and reassurance.
Mouth ulcers	Anbesol liquid (6.5ml)	For ages 1 year and over.
		Give special consideration to the signs and symptoms of oral cancer.
Nappy Rash	Zinc and Castor Oil Ointment BP (100g)	Contains peanut oil For use from birth onwards
	Metanium Nappy Rash Ointment (30g)	For use from birth onwards
Nasal congestion	Menthol and eucalyptus inhalation BP (100ml)	For ages 6 years and over. Caution in children.
	Sodium chloride 0.9% nasal drops (10ml)	For ages 1 year and over.
	Pseudoephedrine 60mg tablets (12)	For ages 12 years and over.
	Pseudoephedrine 30mg/5ml elixir (100ml)	For ages 6 years to 12 years.

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Oral thrush	Miconazole 20mg/g oral gel (15g)	For ages 1 year and over.
Sore Throats	Paracetamol 500mg tablets (32)	For ages 12 years and over.
	Paracetamol 120mg/5ml susp sugar free 100ml	For ages 1 year to 6 years.
	Paracetamol 250mg/5ml susp sugar free 100ml	For ages 6 year to 12 years.
	Ibuprofen 200mg tablets (24)	For ages 12 years and over.
	Ibuprofen 100mg/5ml susp. sugar free 100ml	For ages 1 year to 12 years.
Teething	Anbesol liquid (6.5ml)	For ages 2 months and over
Threadworm	Mebendazole 100mg chewable tablets (2)	For ages 2 years and over.
Vaginal thrush	Canesten Combi (op)	For ages 16 year to 60 years.
	Clotrimazole 1% cream 20g	For ages 16 year to 60 years.
	Fluconazole 150mg capsule (1)	For ages 16 year to 60 years.
Warts and verrucae	Salactol wart paint 10ml	For ages 1 year and over.